



Photo: Shanti Nordholt-McPhee

# NATURALLY Spirited

PUBLISHED BY THE TOWNSHIP OF KILLALOE, HAGARTY AND RICHARDS

January 2014

## Snow Fun Is Here!

A brief look at the events and goings on for the festival

**Tuesday, January 28**  
Killaloe Rink Youth Skate  
3:30pm to 6:00pm  
Pick-up Hockey & Games  
4:45pm to 6:00pm

**Wednesday, January 29**  
Ham & Bean Supper  
5:00pm to 6:30pm  
Killaloe Lions Hall  
\$10 adults, \$5 for children aged  
6-12; free for children under 6  
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Youth Talent Show

**Thursday, January 30**  
37th Annual Elementary School  
Broomball Tournament  
9:00am to 3:00pm  
Killaloe Rink  
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3rd Annual Who Makes the Best  
Baked Beans? Contest  
Killaloe Friendship Club  
4:30pm set-up with taste testing  
from 5:00pm to 6:00pm  
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Fire and Ice Family Skate  
Killaloe Rink  
6:30pm to 8:00pm

**Friday, January 31**  
Craft and Story Time  
10:00am to 11:30am  
Killaloe Public Library  
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Pancake Supper  
St. Andrew's Parish Hall  
4:30pm to 7:00pm  
\$7 adults, \$3 for children aged 5-  
12; free for children under 4  
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The Art of Figure Eight Skating  
Killaloe Rink at 6:30pm  
Demonstration by Barry's Bay  
Figure Eights skating club  
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Snow Fun Olympics  
Killaloe Rink. 7:00pm.  
Costume parade. Prizes for all.

**Saturday, February 1**  
Killaloe Curling Club  
Community Bonspiel  
8:00am  
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Annual Kevin Lynch Memorial  
Hockey Tournament  
8:00am. Contact Derek Cybulski  
at 613-757-2283  
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Winter Wonderland at  
Bonnechere Provincial Park  
9:00am to 2:00pm. Free.  
Snow shoe, walk around,  
participate in activities that  
include: snowshoe clinic, draws,  
park interpreter program, meet  
the naturalist, bonfire and more.  
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Logger's Sports Competition  
and Family Skate  
12:00 Noon to 4:00pm  
Round Lake Rec Centre  
Vendors, bonfire, family skate,  
explore the park and more.  
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Snow Fun Dance  
Killaloe Lions Hall. 8:30pm.  
Band: Last Call  
\$10 for adults.

**Sunday, February 2**  
Children's Tobogganing  
9:30am at Garnie's Ranch on  
Zummach Drive in Killaloe  
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Chicks with Sticks  
12:00 Noon to 2:00pm  
Killaloe Rink

## Easy Reference

### COUNCIL

Mayor Janice Visneskie-Moore  
Carl Kuehl (Ward 1)  
Isabel O'Reilly (Ward 1)  
Stanley Pecoskie (Ward 2)  
Debbie Peplinskie (Ward 2)  
Kathy Marion (Ward 3)  
John Jeffrey (Ward 3)  
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### TOWNSHIP OFFICE

1 John Street,  
Killaloe, Ontario K0J 2A0  
Monday-Friday 8:30am-4:30pm  
Phone: 613-757-2300  
Fax: 613-757-3634  
info@khrtownship.ca  
www.killaloe-hagarty-richards.ca  
Library: 613-757-2211  
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### STAFF CONTACTS

Lorna Hudder  
CAO Clerk Treasurer  
  
Susan Sheridan  
Deputy CAO Clerk Treasurer  
  
Tracy Lapenskie  
Office Administrator  
Clifford Yantha  
Works Superintendent  
Don Wrigglesworth  
Bylaw Enforcement Officer  
Chief Building Official  
  
Bob Gareau  
Fire Chief  
  
Maria Mayville  
Community Development  
Coordinator  
  
Nicole Zummach  
Librarian

## ANNUAL RICHARD ELIE MEMORIAL POND HOCKEY TOURNAMENT

Saturday, February 22 at  
10:00am. Old Killaloe Pond.  
\$10 per player. Hotdogs and  
pop will be served. Proceeds  
go to Wegner Disease  
Research. For more  
information, contact Marilyn  
Kuehl at: 613-757-2603. This  
is the sixth annual year for  
the memorial event.

## SPONSOR THANKS

Thanks to our Snow Fun  
sponsors: Killaloe Friendship  
Club, Killaloe Lions Club,  
Mad Outdoors, Bonnechere  
Provincial Park, Killaloe &  
District Public Library,  
Community Resource Centre,  
Killaloe OPP, St. Andrew's  
Church, Killaloe Curling Club,  
KHR Firemen's Association,  
Barry's Bay Figure Eight  
Skating Club, KHR Volunteer  
Recreation, Derek Cybulski,  
and Chicks with Sticks.

## THANK YOU TO RINK VOLUNTEERS

Just a quick "thank you" to  
rink volunteers. Each week  
volunteers contribute 31.5  
hours (15 hours in Killaloe  
and 16.5 hours in Round  
Lake) to having these  
recreation centres open for  
skaters. Those are happy  
times at the rink, skating,  
warming up inside, spending  
time with family and friends.

## Upcoming Events

### All Winter Long

Come ski at Madawaska Mountain - a mountain of fun! Open Thursday through Sunday and on all school holidays. Natural snow. Rentals, lessons, great food and a licensed lounge. Phone: 613-756-1754  
[www.madawaskamountain.com](http://www.madawaskamountain.com)

### January 20, 2014

Health Matters, the region's new local health magazine starts being distributed. Look for it in the township at the Town Hall and places you go for health information or online at: [www.ovhealth.ca](http://www.ovhealth.ca)

### January 27, 2014

Family Literacy Day. Celebrated to raise awareness of the importance of reading and engaging in other literacy related activities.

### February 14-15, 2014

Timberfest in Barry's Bay. Yuk-Yuk's, music, log carving, snowman competition, indoor and outdoor activities. Phone: 613-756-5885  
[curator@southof60.com](mailto:curator@southof60.com)

### March 1, 2014

Shake the Foundation featuring Bret Kissel and One More Girl. Opening act is Round Lake's Olivia Charette! At the RCAF Wing in Renfrew. Phone: 1-888-655-9090  
[www.shakethefoundation.net](http://www.shakethefoundation.net)

### March 14, 2014

Douglas St. Patrick's Day Parade. 7:00pm. Our township's mobile stage will be in the parade, decked out with Irish flare and music. Contact Maria Mayville if you would like to join us as a KHR ambassador.  
[khrvolunteernetwork@gmail.com](mailto:khrvolunteernetwork@gmail.com)

### March 28-30, 2014

Opeongo Heritage Cup at the Paul J. Yakabuski Centre in Barry's Bay.  
[www.heritagecup.ca](http://www.heritagecup.ca)

## Kids With Lids! Message Grows Support Lumber Kings, Madawaska Mountain lead the campaign

The Kids with Lids! Helmet safety program has been well received within the township this year. Many children are making the pledge to make their own decision to always wear their helmet during recreational activities.

Local physician, Dr. Jason Malinowski supports the program with this advice: "Kids, as well as teens and adults, should always wear a helmet that is designed for their particular activity. A well-fitted helmet that is certified to be safe can go a long way to prevent a life-altering head injury."

Once again this year, the program is supported by the Pembroke Lumber Kings. Children who make the pledge



receive a voucher for a free ticket to the Sunday February 2, 2014 Lumber King game at 2:00pm.

A new supporter this year is Madawaska Mountain, a

beautiful ski hill just a short drive from our township. It has been a great winter for skiing, and kids who pledge to wear their helmet will receive a voucher for a free day pass to the hill. Madawaska Mountain includes helmets in their rental packages.

Pledge forms have been handed out at our schools but if you missed that opportunity you can fill out a pledge form at the township office. Watch for more Kids with Lids! news as we head into spring and summer biking and rollerblading.

You can join us on our Facebook page too! Just search Kids with Lids!

Be a Kid with a Lid because it's a hard world out there!

## Volunteers Step Up In Wilno



An enthusiastic group of residents in the Wilno area, many from Killaloe, Hagarty and Richards, have formed the Wilno Recreation Corporation, with a hope for recreation opportunities to remain in that area.

As you may have heard, the area is close to losing St. Mary's School, though local efforts are still being made for a different result there. Added to that concern was the fact that the Wilno rink has been dormant for 18 months when issues of ownership and maintenance were raised and residents now find themselves possibly losing another community asset.

But, volunteers to the rescue! Fearing for the future of the recreation facility (it is not just a

winter rink, but a four-season recreational site), Rob and Constance Bersan helped to organize volunteers, Sylvia Hinrichsen, Jennifer Kuiack, Amanda Kutchkoskie, Joanne Plebon and Janice Cybulskie. The volunteers are now a non-profit group and are looking to improve the site and continue to provide recreational activities for residents and visitors.

Grant opportunities will be explored and input from the community will be an important part of their success. Wilno has a rich history of volunteerism when it comes to recreation and this hearty project is another example of volunteers getting things done.

## Irish Gathering Planning

A planning meeting was held recently and several community partners gathered to set things in motion for the 2014 Irish Gathering. The committee is looking to bring back popular events such as the pubs, the ceilidh, the parade and the wonderful variety of music.

A new addition this year will be a cultural centre with historical and genealogical information. Families are encouraged to start gathering pictures, stories, poems and items of interest to be shared. Tell us your Irish story!

New partners are always welcome so if you or your business/organization has an idea to add to the festival, please bring it forward.

Our next meeting will be held on Tuesday, February 11, 6:30pm, at the township office. We will need plenty of volunteers this year to help with various jobs during the four-day festival so if you have time to help with this community event please contact: Maria Mayville at: 613-757-1566 or [khrvolunteernetwork@gmail.com](mailto:khrvolunteernetwork@gmail.com) We're on Facebook too!

# Over 3,000 Volunteer Hours in KHR in 2013

## Many opportunities to volunteer exist in the municipality

How to do we get things done?

In smaller municipalities, it is with the help of volunteers.

A review of township events and activities in 2013 highlighted a startling 3,194 volunteer hours generated by council, staff and township volunteers, including KHR Volunteer Recreation. This is only reported hours, and could be quite conservative.

Add that commitment to the incredible number of volunteer hours being given by additional volunteer groups in the township and the number becomes staggering.

We work to make a living and pay our bills. We volunteer because we want to make a



difference and contribute to our community. In short, we volunteer because it makes us feel good.

Several studies have shown that there are health benefits to volunteering. Volunteers can feel better, physically, mentally

and emotionally. Getting out of the house and contributing in a positive way is refreshing and it gives people a deeper connection to the community and to the people they interact with.

What interests you?

Whether you want to be a hands-on volunteer, a skills-based volunteer or a volunteer leader who serves on a board, there's an opportunity for you in Killaloe, Hagarty and Richards.

It's impossible to calculate the value of those who give back to the community but it's nice to know that those who do volunteer will benefit from the experience as well.

## Waste Disposal Sites & Hours

### KILLALOE SITE

1049 Mask Road  
Wednesday: 7:30am - 11:30am  
Saturday: 8:00am - 4:00pm  
Friday: Noon - 4:00pm

### ROUND LAKE SITE

168 Sunrise Road  
Thursday: 8:30am - 3:30pm  
Sunday: 8:30am - 3:30pm  
Closed on the Sundays of a holiday weekend. Open on the Mondays of a holiday weekend from 2:00pm - 6:00pm (exception: closed Canada Day Mondays)

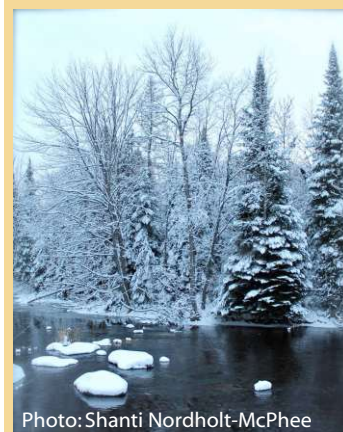


Photo: Shanti Nordholt-McPhee

## Election Information

September 12, 2014  
Close of nominations and final day to withdraw your own nomination.

September 15, 2014  
Final day for the clerk to certify or reject a nomination.

October 27, 2014  
Election Day!

December 1, 2014  
The term of office for the new council or school board begins.

December 31, 2014  
The date your campaign material, including websites, must end.

March 27, 2015  
Date your campaign election financial statements must be filed with the clerk.

September 25, 2014  
Final day to file any supplementary financial statements.

Source: 2014 Candidates Guide for Ontario Municipal and School Board Elections

## 2014 Is An Election Year



2014 is an election year for municipal council and school board trustees. For individuals thinking of contributing to the municipality in either position, the Ministry of Municipal Affairs and Housing has put together some information about the process.

For starters, there is a \$200 fee to run for the head of council, and a \$100 fee to run for all other positions. You can file your nomination from January 2, 2014 until 2:00pm on September 12, 2014. The clerk has until September 15, 2014 to certify or reject your nomination.

You can only run for one office at a time, so if you file to run as a councillor, and choose to run instead as mayor, your first nomination is deemed to be withdrawn when you file the second nomination.

In some cases, if only one certified candidate is running for an office, that candidate will be acclaimed, meaning that they are

automatically elected.

In Killaloe-Hagarty-Richards, individuals can run as ward representatives. This means that voters in a certain ward vote for the candidates of that ward as opposed to voting for all candidates as a whole.

You must keep track of your campaign expenses, and there are limits on how much money you can spend given the position you are running to hold. The Ministry has a form to help you account for your expenses.

This information and more is available by visiting the Ministry site at: [www.mah.gov.on.ca](http://www.mah.gov.on.ca) or by contacting the township office. The Association of Municipalities of Ontario (AMO) also runs a 1.5 hour online workshop (So you think you want to run for council?) which is available to anyone for \$24.95.

For the right person, being part of the council or school board can be a rewarding experience.

## Extra News

Rink schedules for the Killaloe Rink and Round Lake Rink are available on our website at: [www.killaloe-hagarty-richards.ca](http://www.killaloe-hagarty-richards.ca)

Canadian Youth Business Foundation offers programs to help young entrepreneurs (up to age 40) financial assistance and mentoring to start a business. Programs include Start-up, Newcomer, Innovation Fund, Expansion and a program for recently retired and transitioning members of the Canadian Forces. Information on these programs is available at [www.cybf.ca](http://www.cybf.ca)

Keep up with all the news in the township by following us on Facebook. We post timely information such as rink conditions that you may find useful. To find us go to: [www.facebook.com/NaturallySpiritedKillaloeHagartyRichards](http://www.facebook.com/NaturallySpiritedKillaloeHagartyRichards)

# Addressing The Septic System

## What to look for if you are buying or selling a home

Unlike a municipal wastewater system, an entire septic system is located on the home site. This means that the homeowner is completely responsible for the operation and maintenance of the system. If the system fails, the owner pays for the repair or replacement, which can be expensive.

Because of the potential expense of replacement, the prospective buyer will want to have the condition of the septic system thoroughly evaluated and factor those results into what he or she offers for the property. From the seller's perspective, providing accurate information through an inspection can help protect the seller from liability.



### Asking the Right Questions

Buyers of a home with a septic system are advised to arrange for inspection to determine whether the system is performing properly. In addition to an inspection, buyers need to ask many questions up front before committing to the purchase.

Basic question buyers should ask include the following:

1. Has there been a history of

trouble?

2. How often has the system been pumped?

3. When was the last time it was pumped?

4. How old is the system and when was it last inspected?

Prospective buyers should also look for potential problems with the system as they tour the inside of the house. Slow draining sinks, toilets that gurgle when flushed, and off-odours are all possible signs of problems with the system.

The current homeowner should make all pertinent information available about the existing system and sellers should always disclose what they know about their system to buyers.

## Publishing Dates & Deadlines

January 2014 Issue  
Deadline: December 1

April 2014 Issue  
Deadline: April 1

June 2014 Issue  
Deadline: May 15

August 2014 Issue  
Deadline: July 15

September 2014 Issue  
Deadline: September 1

November 2014 Issue  
Deadline: October 20

January 2015 Issue  
Deadline: December 15

**BUSINESS DIRECTORY**  
\$20 per issue or six issues for \$100. Book your listing with Maria Mayville at: [Khrvolunteernetwork@gmail.com](mailto:Khrvolunteernetwork@gmail.com) or the municipality.

Proceeds from the advertising are returned to produce the newsletter and support economic development initiatives within the municipality.

## News Via Email

If you wish to receive the newsletter by email, for easy posting on your website or to send to friends and family, just email us and we'll send it. It is also available to download from the municipality's website.

## Newsletter Submissions

If you have an idea for something to be included in the newsletter, please feel free to make the suggestion. We also accept photos and event listings.

We encourage all information pertinent to residents and businesses within the municipality and welcome submissions.

## Where To Go For Things You Need

A quick reference of businesses and organizations around our region

### Economic Development

[www.ottawavalleyeconomicdevelopment.com](http://www.ottawavalleyeconomicdevelopment.com)

Check out the Entrepreneur's Toolkit, a wealth of useful resources for those interested in starting or growing a business.

### Killaloe Licence Office

Phone: 613-757-1301

Under agreement with ServiceOntario we provide driver, vehicle and health card services. Knowledgeable, efficient and courteous service.

### Carefor Health & Community Services

[www.carefor.ca](http://www.carefor.ca)

Transportation to non-urgent medical appointments, home care services, and more. Visit us online for what we offer.

### Envirobottles

Phone: 613-757-0588

[info@envirobottles.ca](mailto:info@envirobottles.ca)

Thousands of promotional ideas for your business, school, sports club, organization or event.

Low minimums.

### PJ Cybulskie Contracting

Phone: 613-757-2941

[jcybulskie@gmail.com](mailto:jcybulskie@gmail.com)

For your building and renovation needs. We are an experienced, dependable contracting serving the area for over 20 years.

### Holistic Hands Massage

Phone: 613-639-0937

[www.hhandsrmt.com](http://www.hhandsrmt.com)

Now accepting new clients! Our new location for 2014 is 15203 Highway 60 near Wayne's gas. Look for the sign.

### Valley EFAP

[www.valleyefap.com](http://www.valleyefap.com)

Renfrew County's local choice for employee and family assistance program. We can help employees with life stressors and employers with workforce supports.

### RW Home Services

Phone: 613-281-2442

[rwhomeservices@gmail.com](mailto:rwhomeservices@gmail.com)

Licensed carpenter and professional painter. 20+ years experience in residential and commercial renovations.



### Enterprise Renfrew County

[www.enterpriserenfrewcounty.com](http://www.enterpriserenfrewcounty.com)

Summer Company applications are now available for students wanting to run a business for the summer. Ages 15-29. Grant amount up to \$3,000.

### Integrated Health Centre

[www.ihcentre.ca](http://www.ihcentre.ca)

Chiropractic, nutrition, laser therapy, quality shoes and more at Integrated Health Centre on Nelson Street in Pembroke. Visit us for your health needs.

### Layman Fire & Safety

Phone: 613-732-5320

[www.laymanfireandsafety.com](http://www.laymanfireandsafety.com)

Serving Killaloe region with fire alarms, fire extinguishers and training, sprinkler systems, kitchen systems and more.

### You can list here!

For just \$20 per issue or all six issues for \$100, you can list your business, service or organization in this space!